

Detailed Information on the Play

We want to help you make the best possible decision when determining whether a play is right for the young people in your life. To that end we have provided suggested age ranges, content information and educational resources. Ultimately though, these recommendations are only estimates. They cannot take into account the individual development and maturation of each young person. You know the young people in your life the best.

Still/Falling

RECOMMENDED FOR GRADES 8 TO 12 | AGES 13 & UP

Still/Falling is an open and candid representation of a teen with anxiety and depression who displays non-suicidal self-harm. All audience members should be advised and prepared for some scenes that may contain emotional triggers. The study guide will be valuable to support the immediate and long-term well being and self-care of teens (insert link here). It is our hope that this play will encourage youth in crisis to reach out for help. Therefore teachers, counselors, in-school mental health teams, and parents should be prepared to debrief and deal with possible disclosures from at-risk students in the days and weeks following the performance. Should you have further questions about the content of this play you are encouraged to contact Lois Adamson, Member Schools and Education Manager at **416.363.5131 x224** or **ladamson@youngpeoplestheatre.ca**.