

FOR IMMEDIATE RELEASE: September 20 to December 9, 2016

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### Young People's Theatre presents timely teen play about anxiety and depression

TORONTO – Young People's Theatre (YPT) presents the Green Thumb Theatre production of *Still/Falling*, a brand new work by Rachel Aberle. Rachel brings her distinctive brand of wit and emotional range to this story of a teenager who appears to have it all -- but is falling apart inside. This moving play speaks to every teen whose depression and anxiety has been brushed off as 'rebellion' or 'teen angst'. *Still/Falling* will be presented in The Studio from November 22 to December 9.

Nina has a great life. She loves her family, she does well in school, and her friends are awesome. But suddenly Nina starts feeling... off, and she finds herself slipping into a dark reality she cannot understand, let alone articulate to the people around her. *Still/Falling* follows Nina as she tries to come to terms with what it means to struggle with anxiety and depression, and to rise above it with as much strength, and as few scars, as possible. A realistic, honest and biting funny look at the difference between 'teen angst' and mental illness and the ways vulnerable kids can start to find their way out of the dark.

*Still/Falling* is directed by Patrick McDonald and features Olivia Hutt. The Creative Team includes Set Design by Ken MacDonald and Projection Design by Cameron Fraser.

Green Thumb Theatre creates and produces plays that explore social issues relevant to the lives of children, youth and young adults. They provide theatre that celebrates the language and stories of today's generation and culture to stimulate empathy, debate and critical thinking. Green Thumb Theatre chose to produce *Still/Falling* to encourage conversation and awareness and to help students gain a deeper understanding of mental health, and especially how it can affect themselves and their peers.

#### *Still/Falling*

Written by Rachel Aberle

Directed by Patrick McDonald

A Green Thumb Theatre production

**In the Studio Nov. 22-Dec. 9, 2016**

Recommended for ages 13 & up

**Opening: Tuesday, November 22 at 1:15PM**

Full performance schedule available at <http://www.youngpeoplestheatre.ca/shows-tickets/stillfalling/>

**Young People's Theatre** | 165 Front Street East, Toronto

**Tickets:** \$10-\$34; HST & service charges extra | Prices subject to change without notice | [Online:](http://www.youngpeoplestheatre.ca)

[youngpeoplestheatre.ca](http://www.youngpeoplestheatre.ca)

**Box Office:** 416.862.2222 | For more information visit [youngpeoplestheatre.ca](http://www.youngpeoplestheatre.ca)

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To request an interview, please contact Josée Duranleau at 416.652.7672 or [josee@duranleau.com](mailto:josee@duranleau.com).

